

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: SCZ

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bogaerts Michel

Coaches: Nice Alexander

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 100M BUTTERFLY MEN 15+			Heat:3, starttime: 09:00
Heat: 3/12 Lane : 3 Athlete: SONUMUT ARMAN			Q-time: 01:03:25
PB (50m pool): 01:03.25 Zwembad Brigitte Becue 26/04/2026			PB (25m pool): 01:05.23 SB: 01:03.25 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	
PB	00:28.75	01:03.25	
	00:28.75	00:34.50	
			

Coach feedback:

Event number: 2: 100M BUTTERFLY MEN 15+			Heat:11, starttime: 09:12
Heat: 11/12 Lane : 5 Athlete: MEES RUBEN			Q-time: 00:56:11
PB (50m pool): 00:55.96 Antwerpen 17/05/2026			PB (25m pool): 00:54.49 SB: 00:55.96 Antwerpen 17/05/2026
	5 0 M	1 0 0 M	
PB	00:25.55	00:55.96	
	00:25.55	00:30.41	
			

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+			Heat:9, starttime: 09:28
Heat: 9/16 Lane : 4 Athlete: SOUTHWORTH FELICITY			Q-time: 00:33:25
PB (50m pool): 00:33.25 Antwerpen 27/07/2025			PB (25m pool): no time SB: 00:34.18 Aalst 26/04/2026
	5 0 M		
PB	00:33.25		
	00:33.25		
			

Coach feedback:

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Event number: 3: 50M BACKSTROKE WOMEN 15+										Heat:10, starttime: 09:30																													
Heat: 10/16																				Lane : 2					Athlete: MAASKANT KRISTINA										Q-time: 00:33:20				
PB (50m pool): 00:33.20										Antwerpen 08/03/2026										PB (25m pool): 00:32.39										SB: 00:33.20					Antwerpen 08/03/2026				
		5 0 M																																					
PB		00:33.20																																					
		00:33.20																																					
																																							

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 15+										Heat:8, starttime: 11:55																				
Heat: 8/13 Lane : 7 Athlete: MAASKANT KRISTINA																				Q-time: 00:28:21										
PB (50m pool): 00:28.21 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:27.64																				SB: 00:28.50 Antwerpen 08/03/2026										
	5 0 M																													
PB	00:28.21																													
	00:28.21																													
																														

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 15+										Heat:2, starttime: 12:02																																							
Heat: 2/15 Lane : 2 Athlete: VANDERBORGHT MILAN																				Q-time: 00:26:50																													
PB (50m pool): 00:26.50										Molenbeek 01/02/2026										PB (25m pool): 00:25.87										SB: 00:26.50										Molenbeek 01/02/2026									
		5 0 M																																															
PB		00:26.50																																															
		00:26.50																																															
																																																	

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 15+										Heat:15, starttime: 12:14																			
Heat: 15/15 Lane : 5 Athlete: MEES RUBEN																				Q-time: 00:23:78									
PB (50m pool): 00:23.78 Antwerpen 27/04/2025										PB (25m pool): 00:23.67 SB: 00:23.91 Zwembad Brigitte Becue 26/04/2026																			
	5 0 M																												
PB	00:23.78																												
	00:23.78																												
																													

Coach feedback:

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Event number: 10: 50M FREESTYLE MEN 15+										Heat:15, starttime: 12:14																				
Heat: 15/15 Lane : 6 Athlete: MEES BRENT																				Q-time: 00:24:08										
PB (50m pool): 00:24.08 Olympic Pool Wezenberg, Antwer 29/07/2026										PB (125m pool): 00:23.19 SB: 00:24.08 Olympic Pool Wezenberg, Antwer 29/07/2026																				
	5 0 M																													
PB	00:24.08																													
	00:24.08																													
																														

Coach feedback: